

The cover features a background image of a modern building's glass and metal facade, viewed from a low angle looking up. The text is overlaid on this background. A teal vertical bar on the left contains the year '2022'. A larger teal rectangular block contains the title 'SOCIAL IMPACT REPORT'. Below this, the subtitle 'Community Social Development' is written in white. At the bottom, a white box contains the 'FCSS' logo and a paragraph of text.

2022

SOCIAL IMPACT REPORT

Community Social Development

FCSS

Family & Community Support Services (FCSS) provides preventive social services to the residents of Spruce Grove & Parkland County through direct service and a range of FCSS funded programs and services offered by community organizations.

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Community Social Development

VISION

Spruce Grove is an inclusive, thriving community where residents are empowered, resilient, and experience belonging.

MISSION

Fostering social wellbeing through information, collaboration, capacity building, and engagement by supporting community, organizations, and individuals towards enhanced quality of life.

The City of Spruce Grove is honoured to acknowledge the land we work, play and make our homes on as Treaty 6 territory, and the Métis Nation of Alberta Region 4. This is sacred land that holds the hearts, footsteps and spirits of many First Nation, Métis and Inuit Peoples, and in particular, Paul First Nation, Enoch Cree Nation, Alexis Nakota Sioux Nation, Michel First Nation, Alexander First Nation, and the Lac Ste. Anne Métis. We recognize and acknowledge Indigenous values, traditional teachings, ways of being, contributions, and historical inequities. The City is dedicated to Truth and Reconciliation to help in healing, and learning to build reciprocal and trusted relationships. We commit towards strengthening relations and building bridges with the Indigenous Nations whose traditional territories the City is located within.

COMMUNITY SOCIAL DEVELOPMENT, COMMUNITY AND PROTECTIVE SERVICES DIVISION

2022 SOCIAL IMPACT REPORT FOR THE YEAR ENDED DECEMBER 31, 2022
PREPARED BY COMMUNITY SOCIAL DEVELOPMENT

105-505 QUEEN STREET, SPRUCE GROVE, AB. CANADA T7X 2V2
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The Department

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Community Social Development

Community Social Development (CSD) is structured to help build a strong community that meets the diverse needs of residents. CSD is a department within the Community and Protective Services division of the City of Spruce Grove.

Strong, resilient communities are developed through caring connections where individuals and families support one another. As communities grow and change, more complex needs emerge as does the need for more innovative solutions that can create systems and structures to enable all residents to thrive. These systems and structures are often referred to as social sustainability, and support collective ability to meet to the needs of residents today and into the future. In order to meet that goal, CSD focuses on two functional areas - supporting individuals and families and supporting community.

CSD operates in accordance with relevant statutes, codes and regulations, adheres to program standards and best practices, and maintains professional certifications for credentialed staff. CSD receives a portion of its mandate from the Provincial FCSS Act and Regulation as well as other funding agreements.

Family and Community Support Services (FCSS)

Supports individuals and families through the FCSS Strategic Directions by delivery of preventative programs and services aimed at supporting the increasingly diverse needs of residents.

Social Planning / Community Development

Supports at the community level by focusing on achieving broader social change through collaboration, engagement, community development, research, education and grants.

Message from the Director

05

A sincere thank you to all the staff, community partners and volunteers who contributed to another successful year. The Community Social Development department relies on the efforts, collaboration, and strength of many in its efforts to positively impact individuals, families and the community.

In my short tenure with the City of Spruce Grove, I am in awe of the skills, passion, and commitment of our staff and that of our community partners. I am optimistic that going forward we will find ways to capture and leverage those strengths to address the complex social issues we collectively face.

Building capacity of individuals, families and communities will continue to be our focus; a vibrant community requires resilient and empowered residents.

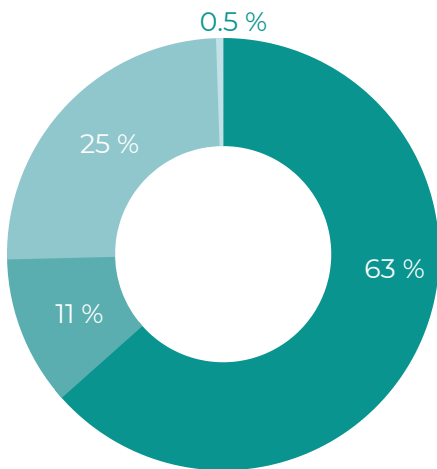


Scott Rodda
Director of Community Social Development
City of Spruce Grove



2022 YEAR AT A GLANCE

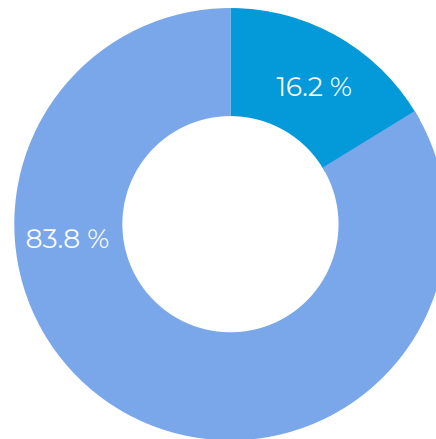
06



Provincial (\$0.85M)
Parkland County (\$0.15M)
Municipal (\$0.33M)
User Fees (\$0.007M)

Revenue
\$1.35 million

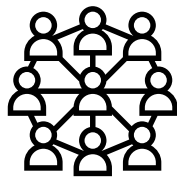
Total FCSS Budget



Administration (\$0.21M)
Programs & Initiatives (\$1.13M)

Expenses
\$1.35 million

Total FCSS Expenses



6353*

This indicates the points of contact of Tri-Municipal Region residents who benefitted from participating in Spruce Grove FCSS-funded programs



56 programs
(23,758 total services provided*)

CSD partnered with 40 + organizations

**It is understood that individuals may be counted multiple times, depending on the services sought and the level of assistance given.*




FUNDING FRAMEWORK

07

FCSS is cost-shared through partnership between the City of Spruce Grove, Parkland County and the Government of Alberta. In accordance with the FCSS Act, the Government of Alberta provides an 80% grant portion and the City of Spruce Grove is required to provide a minimum 20% grant portion. Parkland County provides funds in the manner of an annual formal service agreement.

The FCSS Funding Framework provides strategic direction to guide FCSS funding in a way that is responsive to emerging trends in the community, while also being flexible to incorporate new knowledge in the area of prevention.

- SD1 help people to develop independence, strengthen coping skills and become more resistant to crisis;
- SD2 help people to develop an awareness of social needs;
- SD3 help people to develop interpersonal and group skills which enhance constructive relationships among people;
- SD4 help people and communities to assume responsibility for decisions and actions which affect them; and
- SD5 provide supports that help sustain people as active participants in the community.

ACTIVITY	Programs and Services			Initiatives			Policy and Systems Change		
	To Strengthen								
TARGET	Individuals and Families			Community			Social Infrastructure		
									
OUTCOME	↓			↓			↓		
	Individual and Family People are in healthy relationships, participate in social networks, are engaged in civil society and can fulfill their own basic needs. Families have adequate resources to meet their physical needs, as well as the knowledge and skills needed to nurture and care for family members.			Community People feel safe, welcome, and included in their communities and work together to improve the quality of life for everyone.			Social People have access to facilities, programs, and services appropriate to their individual needs.		

SOCIAL SUSTAINABILITY

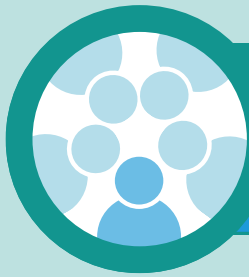
08



The City of Spruce Grove is strongly dedicated to enhancing and maintaining the well-being of its residents by fostering a resilient, inclusive, and fair community. A vital aspect of this dedication centers on social sustainability, which emphasizes the significance of fulfilling the present and future generations' requirements.

Spruce Grove Community Social Development aims to address intricate social challenges, as outlined in the Social Sustainability Plan Refresh, including matters such as belonging, homelessness, domestic violence/abuse, mental health/addictions and basic needs.

The 2022 Social Impact Report reflects alignment to the seven overarching goals of the Social Sustainability Plan Refresh



Supporting the HEALTH, HAPPINESS AND WELL-BEING of residents.

Theme 1

2022 PROGRAMS & INITIATIVES

- 211 Information and Referral
- Anxiety to Calm
- Applied Suicide Intervention Skills Training (ASIST)
- Blanket Exercise
- Block Party
- Building Your Toolbelt: Caring for Others and Yourself
- Collaborative Communication
- Community Development Grant
- Counselling
- Community Volunteer Income Tax Program (CVITP)
- Disability Awareness
- Domestic Violence Program (Grant)
- Empower U
- Enter Your Taxes Workshop
- Fancy Dancer Learning
- Fearless Triple P Program
- First Voice Advisory
- Happiness Basics
- Home Support Program
- Income Tax Basic Concepts
- Indigenous Peoples Day
- Individual Client Services (including Case Management)
- Iroquois History Program
- Little Warriors Prevent It!
- Mental Health First Aid
- Mental Health Wellness Summit
- Mischif Language Learning
- Métis History Learning
- National Day of Truth and Reconciliation: Circle of Reconciliation
- Perinatal Mental Health: A Trauma-Informed Neurobiological Approach
- Purple Light Program
- RealTALK
- Regional Housing Program
- Responding to Situations of Family Violence
- Restoring Family Peace
- Ribbon Skirt Learning
- SeniorCONNECT
- Talking Circles
- Tax 101 for Youth
- Tax Benefits & Credits
- Understanding Anger
- Volunteer Appreciation
- Winter Emergency Response
- Wise Minds
- World Elder Abuse Awareness Day
- Youth Wellness Art Initiative



5733+ residents of Spruce Grove & Parkland County engaged in individual programming and supports

605+ residents of Spruce Grove and Parkland County actively engaged with their community

Social Sustainability Plan Refresh Alignment:

Goal 1:

..residents can access the supports and resources required for individual and family well-being

Goal 2:

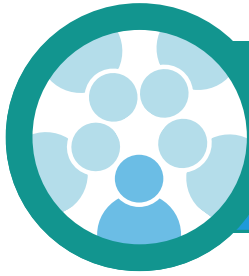
..residents have access to supports that allow them to engage in safe and healthy relationships

Goal 3:

..residents live in environments free from fear and violence/abuse

Goal 4:

..active community engagement through enhanced opportunities for community connections



Supporting the HEALTH, HAPPINESS AND WELL-BEING of residents.

Theme 1



644
completed tax returns

“ **\$ 3.1 million**
returned to the community ”

30* Individuals & families placed into stable housing

19* Core Prevention Services activities to support residents to remain in their homes.



**total household members*

The Regional Housing Program is funded by the Government of Canada's Reaching Home: Canada's Homeless Strategy, which is administered by the Rural Development Network.



4366
Points of Contact - Individual Client Services

“ **3496**
Information & Referral
870
Case Management/Individual Client Services ”

“ **406**
Individual Counselling Sessions ”

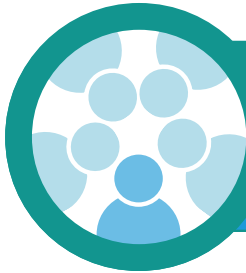


90
Counselling Services Clients Supported



35
Home Support Clients Supported

“ **550**
Total Hours
approx. 16 hr/person ”



Supporting the HEALTH, HAPPINESS AND WELL-BEING of residents.

Theme 1



Winter Emergency Response

Winter Emergency Response is a joint effort between the City and several partner community organizations to help unsheltered people escape the cold winter weather.



“The Winter Emergency Response for the unsheltered has become a great new option for Police officers at the Parkland Detachment. When the service is activated during extremely cold nights, it gives officers a local community option to take someone in need of a warm place to stay. This keeps those who live on the street and trying to simply survive, out of jail; and in many cases, out of the judicial system.

People have committed offences during the extremely cold weather in an effort to get arrested so they have a warm place to sleep, and a chance to get a meal. With the Winter Emergency Response, those who take advantage of the service have a much better option than to resort to crime just to stay alive for the night. The service also gives them a chance to connect with others and perhaps find an option to get help and support that may apply to their specific needs, which could eventually get them off the streets.”

Parkland RCMP Committee Member



I feel that because of programs like Block Party, our neighbourhood feels more like family than neighbours!

Block parties have helped build and strengthen relationships with our neighbours and made our street feel like a safe place! We look out for each other and know that we can reach out if we need anything! Our neighbourhood looks forward to the Block Party program every year, so thank you again and we'll be looking forward to Block Party 2023!!



Block Party

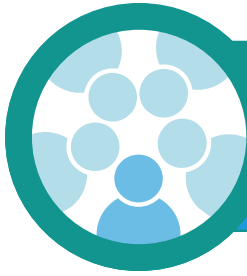
“ An community member was surviving on minimal savings, facing a low quality of life and causing their mental health to deteriorate. A community social worker assisted in applying for and obtaining eligible benefits. All applications were expedited through Alberta Seniors Benefit and the local MP's office due to the financial hardship. This support resulted in a substantial monthly increase, in financial benefits and also optical and dental coverage.”

Individual Client Services



Inclusion

“Thank you all for your hard work and dedication in support of awareness for this important day for the disability community. Your efforts translated into an outpouring of support for Miss Emily. Her initiative at Wags Cookies to grow capacity for inclusive employment through her business, gives her an enormous sense of accomplishment. She is right, her disability is her superpower with the community at her side.”



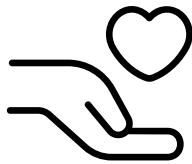
OUTCOMES

FCSSAA Outcome Model

Outcome measures are used to assess the impact or result of a particular program, service or initiative. Outcome measures can vary, but typical include questionnaires or surveys. Below are the results reported by Spruce Grove and Parkland County residents in relation to the 2022 programs and initiatives shared on page 9.

97% Individuals experience personal well-being	100% Individuals are connected with others	100% Children and Youth develop positively
100% Healthy functioning within families	93.5% The Community is connected and engaged	100% Community social issues are identified and addressed

Community Volunteer Contributions



38

volunteers engaged in FCSS-funded programs



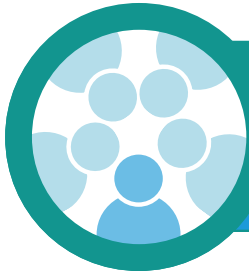
1,186

volunteer hours



\$24,550

Economic Value of Volunteerism based on the living wage of \$20.70 /hr



Working collectively to meet basic needs.

Theme 2

Goal 5: ...residents have access to housing options that meet their needs



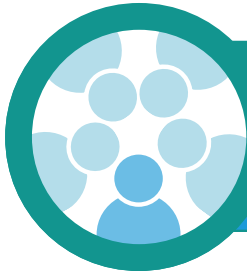
The purpose of the Short-Term Non-Market Housing Study is to provide the City of Spruce Grove and the Town of Stony Plain with information on the current needs of Tri-Municipal Region residents who may be homeless, living in unsafe situations, or are at risk of losing their homes and potential barriers they may be facing accessing services.

The actions identified by this study are intended to support the City of Spruce Grove and the Town of Stony Plain in making informed decisions about next steps on how to collaborate with community partners and to respond to and support residents who have urgent housing needs, while more long-term options are explored.

Funded by the Government of Canada's Reaching Home: Canada's Homelessness Strategy, which is administered by the Rural Development Network. This study is part of a regional partnership between the City of Spruce Grove and the Town of Stony Plain.

<https://www.sprucegrove.org/media/5515/short-term-non-market-housing-study.pdf>





Working collectively to meet basic needs.

Theme 2

Goal 6: ... residents are supported in meeting their basic needs.

Residents of Spruce Grove experience enhanced service delivery utilizing collaborations and partnerships with other agencies in the Tri Municipal Region. Working together, we are able to share resources, knowledge and expertise, and avoid duplication of efforts, resulting in better and more efficient services for residents.

By leveraging the strengths and expertise of each agency, residents can access a wider range of services and resources, tailored to their specific needs, which can lead to reducing social isolation, improved quality of life, and increased community engagement.



COLLABORATIONS & PARTNERSHIPS

*This is a sampling of some of our community partners & collaborators.
Not meant to be an exhaustive list.*

- | | |
|--|-----------------------------------|
| CMHA Mental Health Program | Town of Stony Plain |
| Critical Connections Interagency | Parkland County |
| NeighbourLink Parkland | 2-1-1 Information & Referral |
| Parkland & Area Volunteer Action Committee (PAVAC) | Alycol Integrated Health Services |
| Tri Region Elder Abuse Coordinated Community Response (TREA CCR) | SkyDancer |
| Violence Threat Risk Assessment (VTRA) | Westview Primary Care Network |
| Youth Mental Health Coalition | Alberta Parenting for the Future |
| | Change Health |

Partnership: is an arrangement where parties (usually business partners) agree to cooperate to advance their mutual interests and/or goals.
Collaboration: is a process when two or more people work together to complete a task or achieve a goal

Goal 7: ... residents without shelter (or at risk of) will have greater access to supports to meet their needs.

The Community Hub

Spruce Grove is facing new challenges in supporting community members who are unsheltered or at risk of becoming unsheltered. The Community Hub (the Hub) was established in the fall of 2022 to address an immediate need for supports. As there is no overnight accommodation available, the Hub is not a shelter but rather a temporary community space where unsheltered individuals can access necessary supports during daytime hours.

Community support workers offer support in the areas of social and emotional well-being and assist clients with applying for housing, financial aid, identification, and other government programs. In addition, they assist with referring clients to professionals in the areas of mental and medical health, financial services, and employment services.

92

unique users

60%

chronically unsheltered

62%

between 25 - 54 years old

70%

male

80%

Spruce Grove residents



I am a parent of four. I had been married for 10 years and had a successful business until I ran into some tough times and relocated to Spruce Grove.

It has been very difficult since losing my place to stay and having to find a place to sleep in the bush or anywhere outside.

I have medical issues which is a daily challenge keeping my meds from freezing and making sure to eat and drink regularly.

I like that I can come to the Hub to get food, coffee, supplies and any help I need in order to get my feet back on the ground.



I am a 60 yr. old who worked for a well known company for 22 years. Two years ago I was laid off and have been struggling to find work since then. It is challenging at my age.

I have been living out of my vehicle and have to live off of \$400/mo. I consider my vehicle my home. Because of this, the Hub is a godsend everyday because it is hard to sit in my truck all the time and I can't afford to sit at Tim Hortons or McDonalds all day.



I am a 33 yr. old parent of two. My music is very important and I use writing as an outlet.

I am a daily user of the Hub, and the staff and volunteers are all very helpful, and it helps me plan for my future that is hopeful and promising.



A Hub guest stated that they had a milestone birthday the next day. Staff took note and had a birthday cake and candles ready to surprise the guest. The guest was moved to tears. They proudly cut up the cake to share. The guest commented" I can't remember the last time I celebrated a birthday or had someone sing to me. That really meant a lot, thank you for making my day special.



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www.sprucegrove.org/fcss

