



Spruce Grove
FCSS and Social Planning
Community Report

2018



FAMILY & COMMUNITY SUPPORT SERVICES (FCSS)

TABLE OF CONTENTS

3	Letter from the Director
4	Governance
6	2018 Highlights
8	Key Performance Indicators
11	Program Overview
12	Program Areas
13	Individual Client Services
17	Family Life
18	Adult Programs
20	Senior Adult Programs
22	Youth Services
26	FCSS Community Development
31	Resources
32	Volunteerism
33	FCSS Financials

SOCIAL PLANNING

TABLE OF CONTENTS

36	Spruce Grove – A Socially Sustainable City
37	<i>pathwaysHOME</i> – Spruce Grove’s Five-Year Strategy to Reduce Poverty & Homelessness
38	New Beginnings: An Indigenous Engagement Improvement Strategy
39	Special Projects
40	Social Planning Financials
41	FCSS & SOCIAL PLANNING STAFF LISTING

LETTER FROM THE DIRECTOR



Hello Friends!

As we reflect on the challenges and achievements of 2018, the importance of collaboration, change management, and authentic community engagement emerge as defining themes.

Rapid population growth and increasing diversity within our community mean that emerging social issues continue to grow in complexity. Concerns such as poverty and homelessness, the mental health and wellbeing of our youth, and acknowledgement of the need for reconciliation with Indigenous peoples were all at the forefront of our work. New programs and initiatives such as *pathwaysHOME*, New Beginnings Listening Circles, and the Parkland Region Youth Mental Wellness Coalition all involved newly-defined partnerships, engaged citizens, and a collaborative spirit. The year was filled with internal department changes as well. Early on, Kathryn Wilson and Carly Stobbs joined our Youth Services team. Both brought new perspectives in programming and community development for youth. In September, Karyn Hurlbut joined our Adults and Families team. With experience in municipal government and community development, she's brought fresh energy and a critical lens to our work, challenging the status quo.

In spite of fast-paced growth, we were able to adapt to a changing environment to drive successes and outcomes. Through it all we stayed true to our vision, mission, and mandate to keep us focused and effective, emphasizing long-term sustainable projects and initiatives that make lasting change.

In the coming year we look forward to broadening our scope to formally include resources focusing on social planning and community capacity building, undergoing a program review, and expanding the work on our corporate-level initiatives while realigning our direct programs and services to support fresh outcomes.

The stories you'll read in this report are some of our 2018 highlights and achievements. But it is you, the community, who are the foundation upon which we stand and build. You challenge and empower us to do better, and to be better. Your compassion enriches lives, and we continue to be deeply grateful for the ongoing support of our community residents, dedicated staff, volunteers, and respected partners.

Janine

Janine Peter
Director, Community Social Development

THE FCSS MODEL

Family and Community Support Services is an 80/20 funding partnership between the Government of Alberta and municipalities or Métis Settlements. Provincially the FCSS Program receives its mandate from the *Family and Community Support Services Act and Regulation*. The Regulation sets out the service requirements that a municipality or Settlement must meet to be eligible for funding. At the local level, a municipality or Métis Settlement Council chooses whether to establish a Program and enters into an agreement with the Province to jointly fund the Program. Under FCSS, communities design and deliver social programs that are preventive in nature to promote and enhance well-being among individuals, families, and communities.

The FCSS philosophy is based on a belief that self-help contributes to a sense of integrity, self-worth, and independence. The programs developed are intended to help individuals adopt healthy lifestyles, thereby improving quality of life and building capacity to prevent and/or deal with crisis situations should they arise. Locally there are FCSS programs in Spruce Grove and Stony Plain. Parkland County has entered into a funding agreement with the City of Spruce Grove for the provision of full access to programs and services for county residents. A separate agreement exists with Parkland County for direct program delivery within the Community of Parkland Village.



Mayor and Council (2018)

Left to Right:

Councillor Wayne Rothe, Councillor Erin Stevenson, Councillor David Oldham, Mayor Stuart Houston, Councillor Michelle Thiebaud-Gruhlke, Councillor Chantal McKenzie, Councillor Searle Turton



**Irfan Sabir, Minister
Community and Social Services (2018)**

FCSS Service Requirements

Services provided under a program must be of a preventive nature that enhances the social well-being of individuals and families through promotion of intervention strategies provided at the earliest opportunity, and do one or more of the following:

1. Help people to develop independence, strengthen coping skills and become more resistant to crisis;
2. Help people to develop an awareness of social needs;
3. Help people to develop interpersonal and group skills which enhance constructive relationships among people;
4. Help people and communities to assume responsibility for decisions and actions which affect them; and/or
5. Provide supports that help sustain people as active participants in the community.

- FCSS Regulation 218/2017

2018 HIGHLIGHTS



Spruce Grove Family and Community Support Services (FCSS) has a fresh new look and feel!

Our new logo has a modern feel and incorporates the look of the FCSSAA (Family and Community Support Services Association of Alberta) logo, creating an important connection between the two organizations.

"We felt it was time to give Spruce Grove FCSS a fresh look, while still being recognized as having that link to FCSSAA," says Janine Peter, Director of Spruce Grove FCSS and Social Planning. "By incorporating a consistent look in our logos, we are demonstrating that connection and our shared mandate of working to provide social initiatives that enhance and support the well-being of our residents, both locally and across the province."

TRI-REGION

Housing and Service Needs Estimate

In 2018, thirteen community partners across the region participated in administering surveys to gain a better understanding of poverty and homelessness in the area. The project resulted in 260 community residents completing the survey providing us with valuable data about poverty and homelessness in the Tri-Region. The top three reasons identified for housing instability were low income, job loss, and conflict. A link to the full community report is available at www.sprucegrove.org/pathwayshome

Cultivating Communities of Abundance REDEFINING POVERTY

The "Cultivating Communities of Abundance" workshop event was held on the International Day for the Eradication of Poverty. Keynote speaker Paula Cornell led 51 passionate community members through a day of learning and sharing about pathways out of poverty and to coordinate community action to reduce poverty within the region.

In honour of the International Day for the Eradication of Poverty, join us for a day of learning, sharing, and inspiration.

Connect with community programs and initiatives working to build pathways out of poverty.

October 17, 2018
9 a.m. – 3 p.m.
Elks Social Hall,
Spruce Grove



With Paula Cornell,
one of Edmonton's Top 40-
under-40 for her work with
Edmontonians experiencing
homelessness and poverty.

Stay tuned for registration information!





PEDESTRIAN PARADE & MENTAL HEALTH AWARENESS

This was the largest walk and talk to support mental health awareness month in 2018. The parade involved residents, students, business, and social support organizations celebrating community connectedness and nature as proactive, universal supports for mental health.



The development of PathwaysHOME as the City's five year strategy to reduce poverty and homelessness was a community effort involving multiple conversations with stakeholders including social service and health providers, not-for-profit groups, business and faith communities, justice and enforcement services, youth and senior organizations, Indigenous communities and citizens with lived experience.



The Impact of Case Management...

In 2018, a mature, established couple came to FCSS to review their financial circumstances and housing options after the main income earner was forced to stop work due to injury. Applying for early CPP had provided the couple with approximately \$1,000 total monthly income.

With this low income and no options for work, the couple eventually had to sell their home as they could no longer afford the cost of home ownership. They also found they could not afford to rent and were temporarily living with extended family.

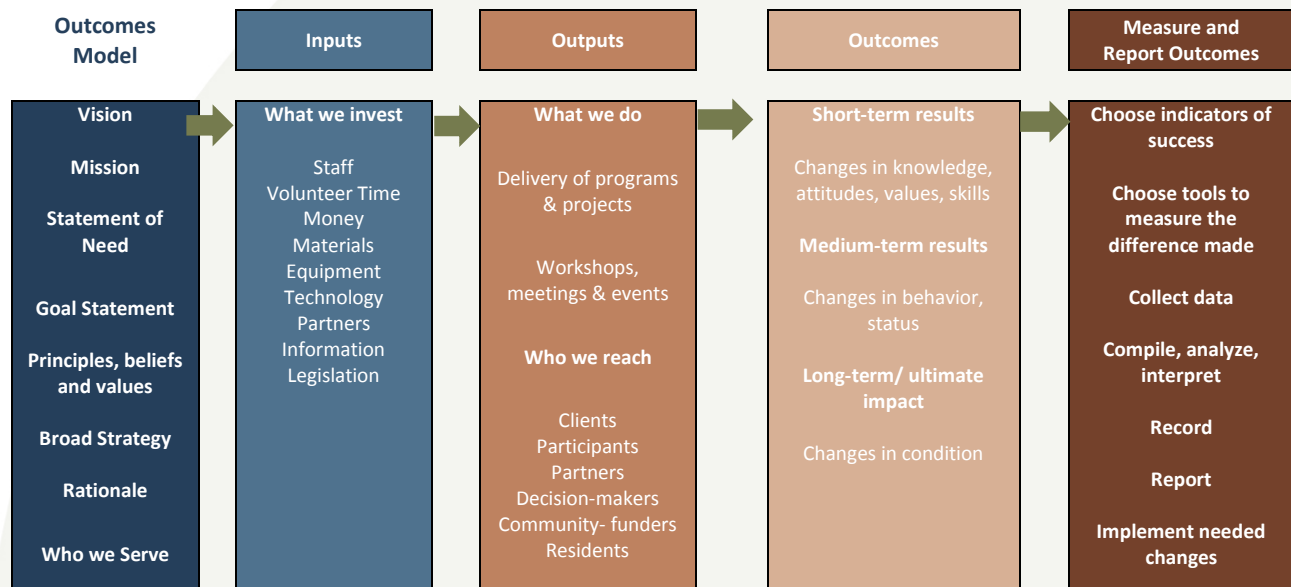
FCSS reviewed the couple's income and found they were not accessing senior benefits for which they were eligible. With information and support from

Sharing gifts, wisdom stories and teachings from local Indigenous Elders and Knowledge Keepers, these circles allow a deepening of community as we build, share and learn together.

the FCSS Case Manager, their income nearly tripled to approximately \$3000 per month which put them in a position to access independent housing and reducing the need to access emergency financial assistance.

This couple now has an increased sense of independence, sense of control over their lives and vision for the future. They have a greater ability to live the way they choose and to participate in the community in an inclusive way without stigma.

KEY PERFORMANCE INDICATORS



FCSS Outcomes

The FCSS Provincial Outcomes Model (The Model) is intended to guide and inform local FCSS programs. The Model includes standardized charts providing provincial outcomes for individuals, families, and the community. The charts depict:

- How the local FCSS chooses programs and projects to address provincial outcomes based on the priorities identified at the local level;
- How outcomes and the indicators of success fit with the five strategic directions identified in the FCSS Regulation; and
- How outcomes and the indicators of success contribute to the high-level outcomes of social well-being of individuals, families and community and the over-arching provincial goal for local FCSS programs.

These outcomes are formally reported back to the Province annually and are required as part of the funding agreement.

Working towards a socially healthy community, our focus is on how we can increase well-being and best meet the social needs of residents. FCSS enhances the social well-being of individuals, families and community through prevention. Outcomes are measured in the following areas:

INDIVIDUALS

Individuals experience personal well-being and children and youth develop positively. This is measured through development of resilience, self-esteem, optimism, capacity to meet needs, autonomy, competence, meaning and purpose.

FAMILIES

Families have social supports. This is measured through the extent and quality of social networks.

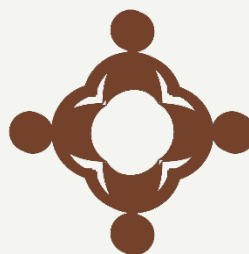
Participants meet other parents in their neighbourhoods/community that they can ask for help and find support.

COMMUNITY

The community is connected and engaged. This is measured through the awareness and use of programs and services available in the community. Participants surveyed indicated that they are more aware of what is happening in their community.



11,159 total contacts
6837 total program
participants
(registered & non-registered)



Communities Served

Spruce Grove	41%
Stony Plain	5%
Parkland County	7%
Other	22%
Not Measured	25%*

*Portions of the data collection system were under refinement.

In 2018, 93% of individuals surveyed indicated they experienced improved social well-being as a result of the Spruce Grove FCSS program they attended.*

*Social well-being was measured by administering post surveys to 4804 registered and drop-in participants of the 56 preventative social programs offered. Social indicators include: resilience; self-esteem; optimism; capacity to meet needs; autonomy; connectedness, awareness and understanding of community social issues.

*Data may include estimates and are not audited



PROGRAM OVERVIEW

PROGRAM AREAS

Housed under the department of Community and Protective Services, Spruce Grove FCSS provides preventative social services and initiatives to enhance the well-being of individuals, families and the community by focusing on prevention in the following areas:

INDIVIDUAL CLIENT SERVICES

Spruce Grove FCSS provides both Information and Referral and Case Management services. FCSS ensures residents are referred and matched to appropriate services based on complexity and individual need, supporting independence and building capacity to avert and/or manage crisis situations should they arise. Counselling and income tax completion are offered to those who meet eligibility requirements.

FAMILY LIFE

The Family Life service area seeks to strengthen families and build a healthy community by ensuring residents have access to quality programs and services. With the opening of the Spruce Grove Parent Link Centre in 2017, Spruce Grove FCSS transitioned their core family life programs to Alberta Parenting for the Future. The City of Spruce Grove continues to support this important program area by supporting the

Spruce Grove Parent Link Centre financially and with fulfilling their space needs, thereby increasing accessibility for families. In 2018, Spruce Grove FCSS collaborated with community partners to offer a variety of programs focused on supporting and strengthening family relationships.

ADULTS

Adult Services offers a wide variety of personal development and life-skill programs that empower, build resiliency, and strengthen individuals and the communities they live in.

SENIORS

Senior Services is responsible for the planning, development and implementation of preventive programs and services that support independence, reduce isolation and enhance quality of life for those advancing in years. Senior Services also offers

supports for families who are caring for older adults.

YOUTH

Daily interaction with youth who access Youth Services and the Youth Mentorship Program, allows for first-hand knowledge of the needs of young residents living in Spruce Grove and the greater Parkland region. Programming and special events are planned with a focus on self-esteem, social awareness, relationship development, skill building and critical thinking.

FCSS COMMUNITY DEVELOPMENT

Adhering to the FCSS regulation and mandate, FCSS supports others in coming together to address a common cause by fostering connections, compiling and providing information sources, developing partnerships, building capacity, and acting as a catalyst for new projects or programs.

INFORMATION AND REFERRAL

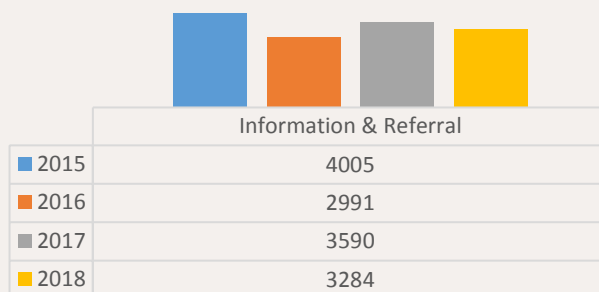
Information and Referral Services can make a significant difference to the overall quality of life for residents by informing and connecting people with appropriate resources.

FCSS provides professional Information and Referral (I & R) services connecting the community to program and service information related to basic needs, financial assistance, emotional and mental health, parenting, child care, youth programs, senior services and social programs.

The FCSS Reception Desk is the first contact for residents and agencies. In-depth initial consultation at this stage allows for more appropriate and timely referrals for clients.

The 2017 implementation of the Efforts to Outcomes (ETO) software at the FCSS Reception Desk has allowed for more accurate statistics from the first point of contact.

FCSS Reception Desk
TOTAL CLIENT CONTACTS*



*Data are not audited

INFORMATION AND REFERRAL (I & R)

FCSS provides professional Information and Referral (I&R) services connecting program and service information.

I & R services can make a significant difference to the overall quality of life for residents by informing and connecting people with appropriate resources.

Our reception staff are Certified Community Resource Specialists through the Alliance of Information and Referral Systems (AIRS).

INDIVIDUAL CLIENT SERVICES

CASE MANAGEMENT

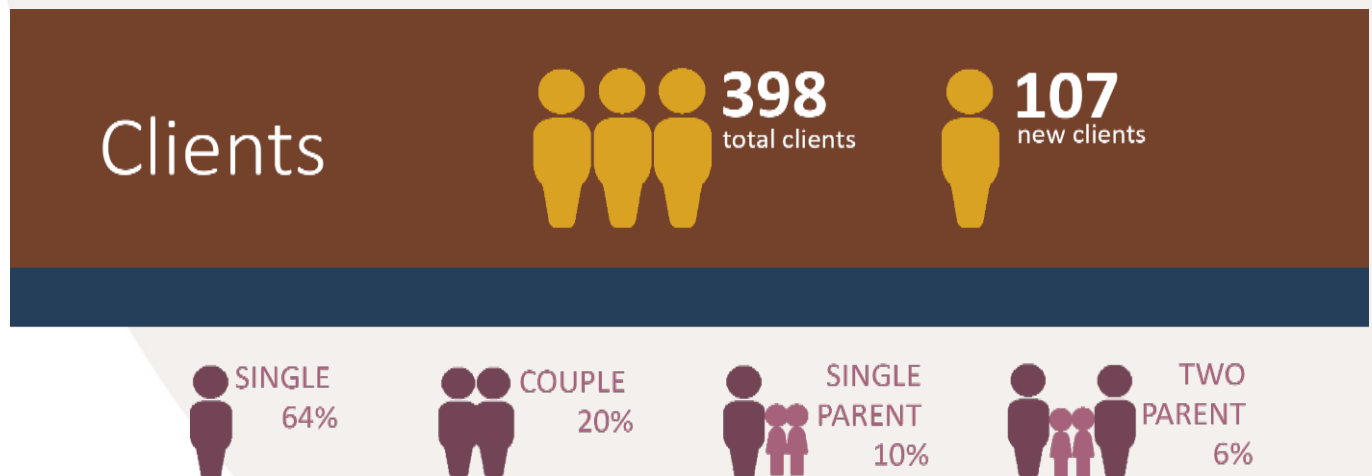
Spruce Grove FCSS case managers follow the Housing First philosophy and a person-centered service delivery model for vulnerable residents presenting with complex needs. Case management begins with a formal intake which includes a detailed assessment to determine; individual strengths and needs, appropriate resources and supports, and the ability of the individual to access supports independently. The fundamental belief of case management is that when an individual increases their quality of life, the individual, their family, the community and overall support systems benefit.

Our case management services are provided to individuals and families who are dealing with social issues such as mental health and addictions, family violence, suicidal ideation, homelessness and poverty. Case managers work collaboratively with residents to develop service plans and access appropriate supports. Case managers empower individuals and families to increase their knowledge, skills and ability to access supports in order to build resiliency and prevent future crisis from occurring.

In 2018, FCSS has 398 clients with complex needs and of those 107 were new clients. Case managers worked collaboratively to link those individuals to appropriate support services and housing opportunities.

Service plans are unique to each client's situation, but in 2018, the two primary presenting issues were: financial need and housing supports. Other presenting issues included mental health, basic needs, physical health and safety from domestic violence.

Of the clients receiving supported case management services, 58% were residents of Spruce Grove, 10% resided in Parkland County. Of those, 7% self-identified as Indigenous.



**Data may include estimates and are not audited*

Number of Scheduled Appointments

766

Presenting Issues

81%* \$\$
Financial

59%* 
Housing

* Clients may present with more than one issue

Housing Security



INDIVIDUAL CLIENT SERVICES

COUNSELLING SERVICES

FCSS offers short-term counselling services to low-income individuals, families, couples, youth and children. Following an intake to determine eligibility and presenting issues, counselling may be offered through FCSS or in some cases, referred to an appropriate resource in the community. Counsellors are registered psychologists or psychology and social work students who are completing their practicum and provisional hours as part of their professional training. FCSS supports the supervision of psychology students and provisional psychologists. In 2018, counsellors delivered 322 hours of counselling services to 39 clients.

COMMUNITY VOLUNTEER INCOME TAX PROGRAM (CVITP)

Spruce Grove FCSS, in partnership with Canada Revenue Agency (CRA), provides year-round tax preparation services to eligible individuals with a modest income and a simple tax situation. The CRA provides the tax software and online-training for volunteers, and FCSS organizes and further trains volunteers to identify whether clients may be missing any benefits or financial supports for which they are eligible. In 2018, six volunteers gave 264 hours to complete 783 individual returns.

Tax filing support is an important poverty reduction strategy. Completing an income tax and benefit return can support individuals to move out of poverty, repay debt and develop a savings strategy by ensuring that existing benefits are not disrupted and financial supports are maximized.

PROGRAM	PARTICIPANTS
Counselling Services	39
CVITP	783

PROGRAM	HOURS
Counselling Services	322
CVITP (volunteer hours)	264

2018

*As a result of residents completing their Income Tax and Benefit Return through the Spruce Grove CVITP, **6 million dollars were returned** to the community, in effect decreasing demands on other assistance programs and supporting local economy.*

**Data may include estimates and are not audited*

Family Life seeks to strengthen families and build a healthy and resilient community by offering quality programs and services to parents, caregivers and their growing children. Programs meet one or more of the five domains of early childhood development which supports early brain development and school readiness. Family life programs change as they respond to dynamic needs and trends in the community and many of programs are served through the Spruce Grove Parent Link Centre.



Spruce Grove Parent Link Centre is operated by Alberta Parenting for the Future (apfa). APFA

has successfully offered family programs in the tri-region for many years and provides a wide variety of services, including early learning and care, family support and parent education programs. Parents and caregivers can participate in a variety of activities that will strengthen family connections.

ROOTS OF EMPATHY

This evidence-based program seeks to create safe and caring schools by increasing pro-social behavior and decreasing incidents of bullying and aggression. The program uses a community development model where a local parent and baby, together with a trained facilitator from FCSS, work to increase empathy and compassion in the classroom. The baby is the “teacher”, and with the help of the facilitator, students identify and reflect on their own feelings and the feelings of others. In 2018, Spruce Grove FCSS supported the Roots of Empathy program in the Grade two classroom at St. Marguerite Catholic School with 20 students.

YOUNG MOMS

This program is for moms ages 16 – 25 who are parenting and/or expecting a baby and offers a supportive environment to share the experiences, joys, and challenges of parenting as a young mom. Educational sessions are focused on supporting life skills and parent education with the intended outcome of increasing independence and connecting participants to information and resources. Opportunities to socialize have the intended outcome of increasing social supports. This program is a partnership between Spruce Grove FCSS, Alberta Parenting for the Future and Aerials Gymnastics Playschool. Child care is offered to increase accessibility and eliminate barriers for participants.

UNDERSTANDING CHILDHOOD ANXIETY

Parents/caregivers are given the opportunity to learn about the psychological and physiological roots of anxiety and why it is on the rise in children.

SUPER TUESDAYS

A partnership between Stony Plain FCSS, Spruce Grove FCSS, Parkland County, Parkland School Division 70, apfa, Stony Plain Public Library, Spruce Grove Public Libraries, Parkland County Libraries and Achieving Community Together (ACT) group developing and facilitating programs on a different Tuesday a month.



ADULT & SENIORS

Programs are offered to develop independence, strengthen coping skills and resilience to crisis by increasing knowledge, the ability to plan for the future and increase access to community supports.

ADULT CHILDREN FROM ADDICTION learn about growing up in an addictive family and impacts that could have in adulthood. Participants learned strategies and tools that will help them to process their emotions.

AMA MATURE DRIVERS COURSE discusses the changes and new technologies in driving and how age can impact driving skills.

BASIC FACILITATION SKILLS TRAINING LEVEL 1 is a workshop where trained facilitators from Alberta Culture provide instruction on the art of group facilitation and supports learning through instruction, discussion, small and large group work, practice, and feedback.

BE THE CEO OF YOUR MONEY: SETTING UP A SPENDING PLAN provides an understanding on how your needs and wants influence your spending habits and learn how to identify and track expenses.

BEING AN EXECUTOR: ATTORNEY OR AGENT provides information on the roles and responsibilities for each of these designations, increasing the participants' knowledge should they be asked to act in any of these capacities.

CASH MANAGEMENT: MAKING THE MOST OF YOUR RETIREMENT provides basic information on pre-retirement financial planning and what government benefits are available to develop a financial plan. Individuals experience personal well-being by knowing more about how to prepare for their future.

COMPASS FOR THE CAREGIVER provides caregivers with strategies to strengthen their coping skills in order to effectively manage their current life circumstance. Topics include self-care, asking for help, stress, and burnout.

COOL AS A CUCUMBER participants join a professional from Aspire Psychological Services in a discussion of strategies to ease anxiety.

CUT-IT-OUT provides education, awareness and skills to support the salon professionals in safely referring clients to community resources.

De-CLUTTER YOUR LIFE offers information on the benefits of de-cluttering while emphasizing life balance. Participants experience personal well-being and increase their capacity to meet their needs with meaning and purpose.

DRUM UP YOUR GOALS allows participants discover how drumming stimulates concentration and creativity while relaxing the mind.

Reduce stress, doubt and negativity; bring in focus, clarity and positivity.

ESTATE PLANNING AND WILLS discusses the purpose of writing a will, what is involved in making a will, and what some of the common mistakes are. Participants increase their knowledge on how to prepare for their future and experience personal well-being knowing how to prepare for their future.

HANDLING ANGER offers participants skills to understand anger and its negative effects on relationships and community. Participants are taught ways to handle their anger in a more constructive manner which supports healthier relationships.

HOPE, HEALTH & HEALING GRIEF SYMPOSIUM is a one day symposium about grief and loss. Presentations focus on the process of grief and self-care techniques.

HOW ART HEALS GRIEF participants gain an understanding of the grief that children in elementary school experience and how arts and crafts can help children express their grief.

JOURNEY THROUGH GRIEF AND MOURNING is a 10-week facilitated support and educational group where participants can find comfort, hope and encouragement in a safe environment.

PAUSE-ABILITIES participants learn simple strategies to help slow down, leaving them more engaged and less stressed.

PERSONAL DIRECTIVES & POWER OF ATTORNEY presents information on these two legal documents assisting participants to increase their capacity to meet their needs and gain the knowledge on how to prepare for the future.

POWER OF ONE participants learn how to create a positive impact in their family, workplace and community.

REAL-ATIONSHIPS is an interactive session to understand other perspectives and become more efficient communicators to create healthier relationships.

SPEAK UP! ASSERTIVE COMMUNICATIONS provides information on assertiveness and how to express oneself effectively and stand up for one's point of view, while also respecting the rights and beliefs of others. This program aims to increase self-esteem and confidence in one's own worth or abilities.

UNWRAPPING THE GIFTS OF IMPERFECTION is a program that encourages self-insight through thoughtful practical application of key concepts.

PROGRAMS (Information Sessions of Interest) In partnership with Stony Plain FCSS and Tri-CALA	Participants
Adult Children from Addiction	3
AMA Mature Drivers	6
Basic Facilitation	46
Be the CEO of your Money	9
Being an Executor: Attorney or Agent	64
Cash Management	18
COMPASS for the Caregiver	7
Cool as a Cucumber	14
Cut-It-Out	15
De-Clutter Your Life	37
Drum Up Your Goals	3
Estate Planning and Wills	43
Handling Anger	21
Hope, Health & Healing Symposium	68
How Art Heals Grief	12
Journey Through Grief and Mourning	6
Pause-abilities	13
Personal Directives	24
Power of One	18
Real-ationships	15
Speak Up! Assertive Communication	18
Unwrapping the Gifts of Imperfection	9

**Data may include estimates and are not audited*



A long standing partnership between Spruce Grove FCSS, Stony Plain FCSS, Tri-Community Adult Learning Association (Tri-CALA), Alberta Community and Social Services, Alberta Council on Aging, SAGE, Utilities Consumer Advocate (UCA), Alberta Caregivers Association, Alberta Culture, local banks and businesses brought information sessions of interest to our communities.

ADULT & SENIORS

Seniors Services is responsible for the development, implementation and evaluation of preventative programs and services that support independence and enhance quality of life for older adults.

ADVENTURES IN AGING SENIORS CONFERENCE

helps to reduce social isolation and exercise the mind, body and spirit through educational workshops, physical activities and socialization. The conference provides a welcoming environment where attendees enjoy a meal, learn from presentations and have to opportunity to connect with others. Spruce Grove FCSS participated on the organizing committee and provided sponsorship to the conference along with registration services and administrative support.

FINANCIAL BENEFITS FOR OLDER ADULTS

provides updates on information regarding financial benefits for seniors with the expected outcome of increasing knowledge, competency and how to prepare for the present and future.

HOME SUPPORT PROGRAM has been providing services to Spruce Grove and Parkland County residents since 2008. Individuals accessing the program must be unable to complete household tasks due

to physical, mental or emotional difficulties. FCSS subsidy is available to those who meet the low income threshold.

LET'S TALK DEMENTIA is presented by the Alberta Council on Aging to provide information, including community resources available to live a more resilient life. Participants will improve their coping skills allowing them to better handle life's hardships.

PICNIC IN THE PAST provided an opportunity for isolated seniors to attend a social outing within their community and renew contact with friends. 115 seniors were treated to a day of walking and riding the museum train, tours, live music, lunch and door prizes. Surveys indicated that the seniors felt more connected with others in their community, and commented on the pleasure of reconnecting with friends. Spruce Grove FCSS sat on the organizing committee and provided sponsorship for the event.

RETIREMENT: LIFE'S BEST STEPS

shares ways for participants to discover their strengths, values and passions in the planning of their retirement. Participants experience personal well-being, optimism and confidence about planning for the future.

SENIORS DANCE NIGHT

Held once a month in Parkland Village, this is an evening of music, dancing, friendship, socializing and fun. 562 seniors attended this program in 2018.

SENIORS COFFEE AFTERNOON

is held every Tuesday at the FCSS Office. Seniors comment that they have developed friendships and support networks through the program. There were 921 participants in 2018.

PROGRAM	PARTICIPANTS
Adventures in Aging Conference	196
Financial Benefits for Older Adults	24
Home Support	91
Let's Talk Dementia	20
Picnic in the Past	115
Retirement: Life's Best Steps	10
Seniors Dance Night	51/session
Seniors Coffee Afternoon	25/session

**Data may include estimates and are not audited*



YOUTH

FCSS Youth Services interacts and connects with local youth to support them in developing a positive and optimistic view of their personal future. FCSS Youth Services also offers a range of programs related directly to self-confidence, self-development, social awareness & engagement, skill building and critical thinking. These programs are facilitated through FCSS Youth Services, community partners or contracted professionals.

The following programs were offered in 2018.

BABYSITTER TRAINING

Offered by Kidproof, Canada's number one course in the country, youth ages 11-14 enhance their positive identity and sense of personal power. Participants are better able to handle whatever comes their way, feel they have control over what is happening and acknowledge they have something valuable to offer.

HOME ALONE & FIRST AID

This fun and active program helps prepare kids ages 10+ to be at home alone respond to medical emergencies. Participants' gain a sense of confidence, empowerment, and enhanced responsibility as it relates to being "home alone" and acting appropriately in an emergency situation.

BULLYPROOFING

Children ages 7-11 grow in positive peer influence as they model responsible behavior and place a high value on caring for other people. Children learn to be preventative and proactive about bullying.

CONFLICT RESOLUTION

Youth ages 10-14 learn peaceful conflict resolution for resolving or diffusing conflict in a healthy and productive manner.

JUNIOR GOURMETS

Youth ages 8-12 gain confidence and independence, build self-esteem and develop other supportive adult relationships as they learn to prepare nutritious meals and snacks.

2018
YOUTH
PROGRAMS

	PARTICIPANTS
Babysitter Training	187
Home Alone & First Aid	151
Bullyproofing	28
Conflict Resolution	6
Junior Gourmets	36

**Data may include estimates and are not audited*

youth mentorship

healthy



boundaries



family



support

caring



empowerment



positive values

responsible



(*40 Developmental Assets)

THE STUDIO: Girls Group

This mentorship program is offered by FCSS in partnership with community organizations and local RCMP. Participants are enrolled through school and community referrals. High school students participate in mentorship training contribute to their community and give back through mentorship. After the training, they become mentors of the Junior High students within the program. All youth have the opportunity to participate in planning with topics including self-esteem, community, safety, goal setting, mentorship and volunteerism.

YOUTH EMPLOYMENT WORKSHOP

The Youth Employment Workshop was held in partnership with the Bredin Centre for Learning. We recognized a gap in the community with youth learning how to make decisions regarding employment, gaining confidence and increasing self-esteem in writing a resume, cover letter and interviewing for a job position.

**A safe place
for youth**

weekly drop-in

The purpose of drop-in programming is to provide a safe place where youth can find community and build genuine relationships with their peers and adults who care about them during the critical after school and evening hours.

Through the Youth Mentorship drop-in programs, youth are exposed to the idea that the community values them and they have a safe place. Youth have the opportunity to participate in a variety of creative activities to build self-esteem, resilience, and create sense of purpose with the support of Mentorship staff. Staff within the program are the role models to support the youth and encourage them to seek social supports if necessary.

YOUTH MENTORSHIP PROGRAMS	PARTICIPANTS /SESSION
Tye Dye	15/session
Breakfast Club	15/session
DIY Night & Movies	7/session
Jam Night	15/session
Snow Sculptures	7/session
Crafts & Game of S.K.A.T.E	15/session

**Data may include estimates and are not audited*

IN-SCHOOL PROGRAMS

STRESS & ANXIETY (Mess with Stress)

Created by FCSS Youth Services and supported by the Canadian Mental Health Association, this program explores concepts and symptoms of stress, while building coping skills. Youth are better prepared to handle adversity, manage emotions, and will have improved communication skills.

YOUTH IN-SCHOOL PROGRAMS	PARTICIPANTS
Stress & Anxiety	285

PARKLAND VILLAGE DROP-IN ACTIVITIES

PARKLAND VILLAGE YOUTH GROUP (ages 12-17)

Youth experience positive programming in a safe environment that allows them to develop healthy relationships with each other and with positive role models. Youth are engaged in numerous activities such as movie nights, cooking, indoor/outdoor games, attending local youth events and volunteerism.

PARKLAND VILLAGE GIRLS GROUPS (ages 12-17)

Facilitating the development of healthy relationships and positive role models, youth work to develop empowerment and positive identity.

PARKLAND VILLAGE DROP-IN PROGRAMS	PARTICIPANTS
PVY Youth Group	13/session
PV Girls Group	7/session

**Data may include estimates and are not audited*

YOUTH MENTORSHIP SUMMER PROGRAMS

For the summer, the Youth Mentorship Program is full swing and runs special events and socially preventative summer camps for youth. These programs are opportunities to connect our youth to the community and engage youth with positive peer and adult role model experiences.

CHANGE ADVENTURE CAMP (ages 9-12)

A preventative social summer camp program run in collaboration with the Change Adventure Camp Society, this week-long nature experience focuses on goal setting, decision making, interpersonal competence, positive peer-influence, team building and setting yourself up for an active and positive life style.



SPECIAL EVENTS

PING-PONG PALOOZA offered an opportunity for youth to compete in a healthy environment amongst their peers and positive adult role models. Social competence skills such as decision-making, interpersonal competence, resistance skills and peaceful conflict resolution are developed through this event.

SKATE WAKE-A-THON engages youth with both peer and adult role models. Encouragement is given to try something new which builds confidence and empowerment. After the competition, youth have the option to skateboard or bike overnight at the Spruce Grove skate park.

FEAR FACTORY provides youth the opportunity to develop friendships through a variety of fun and creative challenges. This program highlights positive peer-influence and team building.

HOT CHOCOLATE WITH A COP is a monthly drop-in program offered throughout 2018 at the Lions' Log Cabin in partnership with Perks, RCMP and Enforcement Services. This gives youth opportunity to engage with our RCMP/Enforcement Services partners in a positive environment over a cup of hot chocolate and snacks. This program breaks down barriers and promotes positive relationships.

PEDESTRIAN PARADE was the largest walk and talk in 2018 to support mental health awareness month in Spruce Grove. The Pedestrian Parade had residents, students, business and social support organizations celebrating community connectedness and nature as proactive, universal supports for mental health.

YOUTH SUMMER PROGRAMS	PARTICIPANTS
Change Adventure Camp	30
Ping Pong Palooza	21
Skate Wake-A-Thon	28
Fear Factory	11
Hot Chocolate with a Cop	10/session

**Data may include estimates and are not audited*



FCSS COMMUNITY DEVELOPMENT

CULTIVATING COMMUNITIES OF ABUNDANCE

In honour of the International Day for the Eradication of Poverty, Spruce Grove and Stony Plain FCSS partnered with the United Way of the Alberta Capital Region to present a special event titled “Cultivating Communities of Abundance – Redefining Poverty” on October 17, 2018. Our guest speaker, Paula Cornell, led our community through a day of learning and sharing intended to open our thinking and inspire action. Fifty-one passionate community members came together to discuss pathways out of poverty and coordinated community action that could reduce poverty within our region.

FIRST FIVE FOREVER

First Five Forever works towards an increased awareness of the importance of the early years of childhood development and the need for community collaboration to improve outcomes in the Parkland region. In 2018, First Five Forever secured funding to carry on the coalition work. The coalition continued to offer support to childcare and early learning staff including a successful “Outdoor Play” professional development event. The coalition was highly visible throughout 2018 and attended several events such as the “Life & Leisure Expo” and the “Spring Picnic & Family Play Day”. First Five Forever printed 500 sets of 24 Vroom activity cards with effective and easy ways to promote learning and bonding for children birth through 5 years. The cards promote early brain development with simple age-appropriate activities on one side and what the child is learning on the other side.



WESTVIEW PRIMARY CARE NETWORK (WPCN)

PCN has a partnership with Spruce Grove FCSS wherein a PCN Social Services Coordinator provides a range of social supports focused on meeting the needs of referred PCN patients. The Social Services Coordinator works out of the FCSS Queen Street Place location for coordinated access to services.

TRI-REGION ELDER ABUSE COORDINATED COMMUNITY RESPONSE (TREA CCR)

TREA CCR is a diverse group of multisector stakeholders across the Tri-region addressing elder abuse through awareness, education and wrap-around supports. TREA CCR's vision is to help create a safe, caring and responsive community that values the well-being, rights and dignity of our older adults.

SMILE WITH A SENIOR

The Smile with a Senior social media campaign was held May 29 to June 15 promoting awareness of elder abuse. With 150 local businesses engaged and 1220 people interacting on Twitter and Instagram there were over 180 photos submitted of people smiling with seniors. The Good Samaritan Care facility held an ice cream social to mark World Elder Abuse Day on June 15, 2018.



COMMUNITY CORRECTIONS

A probation officer meets with clients at the FCSS office on a weekly basis to allow accessibility for those with transportation issues in order to support successful outcomes for residents who have had involvement with the criminal justice system.

RBC COMMUNITY AMBASSADOR PROGRAM

RBC in partnership with the Alberta Junior Hockey League (AJHL) selected a 'Community Ambassador' from the Spruce Grove Saints hockey team based on their positive work in the community. RBC made a \$1,000 donation to a community group of the Ambassadors' choosing. In 2018, Brett Trentham was chosen Community Ambassador as he actively volunteers at a local elementary school every week to help lead gym classes, read to students, deliver hot lunches and be a positive role model. Brett chose Spruce Grove FCSS Youth Services as his community group to receive the RBC donation presented on November 30, 2018 at the Saints game. He has been working with Spruce Grove FCSS Youth Services to raise awareness about youth poverty and homelessness in the community.

"I really love what [Spruce Grove FCSS Youth Services] are doing as far as creating a safe and fun environment for vulnerable youth."

- Brett Trentham, Spruce Grove Saints



NEIGHBOURLINK PARKLAND (NLP)

This Christian charity is funded by the support of local organizations, churches and residents committed to supporting and providing practical help to those in need while respecting their dignity and self-worth. NLP assists those who have exhausted all other services available to them in the greater Parkland area. Spruce Grove FCSS not only provides NeighbourLink Parkland with in-kind office space and reception, but services complement each other and fill gaps. Examples of services include agency referrals, emergency food assistance, clothing, basic needs, rental and utility assistance and emergency prescriptions. Prayer support and short term counseling with referrals to pastoral and physiological services is also a part of the mandate.

PARKLAND AND AREA RESPONSE TO FAMILY VIOLENCE COMMITTEE (PARFVC)

This is a registered Alberta society committed to working collaboratively towards ending relationship violence and abuse in the tri-municipal region through education, awareness, resources and supports. PARFVC was formed in 2009 and through continued growth and development, obtained formal society status in December 2012. Participants include community residents, and representatives from numerous government and regional support agencies who deal with offenders, victims and children exposed to domestic violence. In 2013, PARFVC received a grant through the Victims of Crime Fund to hire a caseworker to enhance the Domestic Violence Support Team. This position is housed out of the RCMP detachment and works closely with RCMP, Child & Family Services, Community Corrections, Victim Services and community service providers to deliver comprehensive supports to victims whose partner is involved in the Criminal Justice System. In 2018, the RCMP referred 250 domestic violence related files to the PARFVC Court Caseworker for support.

SPECIALIZED TRANSIT SERVICES (STS)

STS is a non-profit, door-to-door public transportation service for seniors and persons with mobility challenges. STS is available for use by residents of the City of Spruce Grove, Parkland Village, and defined limits of Parkland County. FCSS

participates on the volunteer management board as a representative of the City of Spruce Grove.

PARKLAND AND AREA VOLUNTEER ACTION COMMITTEE (PAVAC)

PAVAC exists for the purpose of enhancing the efforts of volunteer managers for the benefit of the community. FCSS has one representative that is a member of PAVAC who works collaboratively with regional partners to promote volunteer engagement and recognition in the region.

CRITICAL CONNECTIONS INTERAGENCY

Critical Connections Interagency is a collaboration of front line human service representatives who are committed to the development of a coordinated and comprehensive system delivery. Agencies share current resources, connect with partners, discuss difficult cases, identify trends and gaps in service and reduce duplication. With increased agency collaboration residents receive a timelier, coordinated service.

EMERGENCY SOCIAL SERVICES NETWORK OF ALBERTA (ESSNA)

The purpose of ESSNA is to exchange knowledge and resources among communities, municipalities and regions in order to enhance Emergency Social Services for Albertans. FCSS participates in ESSNA regional meetings along with key stakeholders, including: Human Services, Alberta Emergency Management Agency (AEMA), Alberta Health Services (AHS), Alberta Emergency Management Agency (AEMA), Non-Government Organizations (NGOs) Council, and the ESSNA Executive Committee.

THE CITY OF SPRUCE GROVE BLOCK PARTY PROGRAM

Supports and encourages residents to organize and host a get-together in their neighbourhood. Everyone who registers their block party with the City of Spruce Grove receives a helpful kit full of tips and tools including invitations, a host checklist and a few Block Party SWAG items. This program is a partnership between Spruce Grove FCSS and the Safe City initiative.

TRI-MUNICIPAL DRUG STRATEGY COALITION (DSC)

The Tri-Municipal Drug Strategy Coalition is a community coalition dedicated to creating a process that engages the community, provides education opportunities, promotes communication and offers support. This coalition is a member of the Alberta Drug Strategy Coalition and has been operating in the tri-region since 2005. The DSC is a registered society that is continuously evolving to best serve the tri-region and contribute to the well-being of community members.

VIOLENCE THREAT RISK ASSESSMENT COMMITTEE (VTRA)

Coordinated through the school divisions, this group is comprised of community and justice agencies, health and social service professionals who collaborate to create and maintain school environments in which students, staff, parents/guardians and others feel safe. The goal is "...to support agencies and professionals in every community to develop collaborative multidisciplinary teams focusing on early intervention, prevention, and aftermath strategies for crisis trauma, violence and conflict."

COFFEE WITH A COP

Coffee with a Cop brings police officers and the community members they serve together to discuss issues and learn more about each other. Hot Chocolate/Scoops with a Cop allows for healthy connections between youth and law enforcement.



FCSS COMMUNITY DEVELOPMENT

PARKLAND COUNTY YOUTH MENTAL HEALTH COALITION & COMMUNITY CONNECTORS

Accessibility, effective engagement, and safety are key to connecting youth with the health and social services they need in a timely manner. This is a new partnership initiative involving FCSS, Westview Primary Care Network, and the Parkland Region Youth Mental Health and Wellness Coalition. The initiative involves the piloting of a Community Connector role to offer local youth information, referrals, and supports to access health and social services in the community. Working with the Youth Mentorship Program out of the Lions' Log Cabin, the year-long pilot is part of a larger coalition initiative to address gaps in youth mental and social health services in the region.

MOVIE NIGHT IN CENTRAL PARK

Gathering in late summer at Central Park, Movie Night is fun for the whole family. Approximately 100 people came out with their blankets and lawn chairs to watch Wonder Woman while enjoying the popcorn and snacks available.



211

211 provides Information and Referral services

to Spruce Grove, Stony Plain, and most of Parkland County. 211 is a residents' single point of access to comprehensive information through trained, certified professionals on a 24-hour-a-day, 7-days-a-week basis. Spruce Grove FCSS, Stony Plain FCSS and Parkland County contract Alberta Mental Health to provide 211 services in the tri-region.

THE GREEN BOOK: COMMUNITY RESOURCE DIRECTORY

Spruce Grove FCSS and Stony Plain FCSS have worked collaboratively to develop the Green Book: Community Resource Directory since 2004. The Green Book is a summary of the community resources and support groups in the tri-region and a valuable tool for anyone looking for services. The Green Book is available

free of charge at Spruce Grove FCSS, Stony Plain FCSS, Spruce Grove City Hall, Stony Plain Town Office.

SPRUCE GROVE HOUSING GUIDE

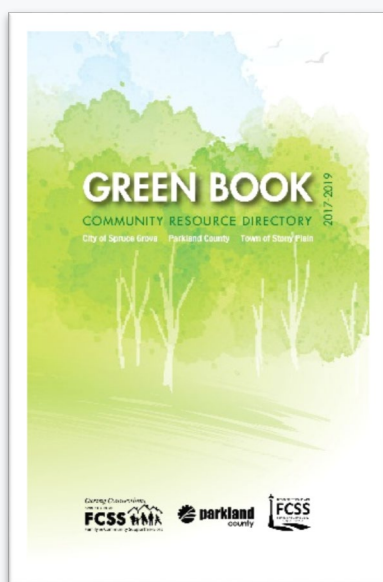
The Spruce Grove Housing Guide provides information on rental units in Spruce Grove and the surrounding area. Also included in the guide is an accommodation comparison worksheet and a monthly budget worksheet. The guide is available in print form or online for easy access.

COUNSELLING RESOURCE BROCHURE

The Counselling Resources brochure includes a list of counselling options in the tri-region including those in private practice, faith-based counselling, Indigenous supports, mediation, addiction, mental health, family violence and subsidized services.

CAREGIVERS RESOURCE GUIDE

Developed in partnership between Parkland County, Stony Plain FCSS, Caregivers Alberta and Spruce Grove FCSS, the Caregivers Resource Guide is an easy to read resource that identifies, acknowledges, and inspires by providing useful advice to support caregivers on their journey with their loved ones.



VOLUNTEERISM

CANADIAN RED CROSS

The City of Spruce Grove contracts the Canadian Red Cross to provide emergency social services to residents should a disaster occur impacting the community. Local volunteers are trained in disaster management by the Red Cross and take part in response exercises throughout the year. In 2018, the Canadian Red Cross provided on-going support to 18 volunteers who are trained as Emergency Response Team (ERT) Responders or Personal Disaster Assistance (PDA) Responders.

VOLUNTEER APPRECIATION EVENT

FCSS partnered with the Parkland and Area Volunteer Action Committee (PAVAC), Stony Plain FCSS and Parkland County to host the regional volunteer appreciation event. In 2018, the event had 300 volunteers from the tri-region in attendance.

VOLUNTEER CENTRE

Spruce Grove residents seeking volunteer opportunities can contact the Stony Plain Volunteer Centre to be connected with local, available volunteer opportunities. The Centre connects Spruce Grove agencies needing the support of volunteers to enhance, support or deliver agency programs and provides a central point of access to the volunteer community by bringing together people and community needs.

VOLUNTEER FAIR

FCSS partnered with the Parkland and Area Volunteer Action Committee (PAVAC), Stony Plain FCSS and Parkland County to host the tri-region Volunteer Fair held at the Pavilion at Heritage Park in Stony Plain. In 2018, there were 30 booths and we had 110 visitors.

COMMUNITY VOLUNTEER INCOME TAX PROGRAM (CVITP)

Spruce Grove FCSS, in partnership with Canada Revenue Agency (CRA), trains volunteers to complete income tax and benefit returns for eligible individuals with a modest income and a simple tax situation. FCSS further trains volunteers to identify whether clients may be missing any benefits or financial supports for which they are eligible. The tax service serves to ensure that existing benefits are not disrupted for low-income residents, and also assists in maximizing financial supports.

In 2018, six volunteers gave 264 hours to complete 783 individual returns.

PROGRAM	VOLUNTEERS	HOURS
CVITP	6	264
Seniors Dance Night	14	77
Strawberry Tea	1	8
Adventures in Aging Conference	19	41.5
Estate Planning & Wills	1	4
TOTAL	41	394.5

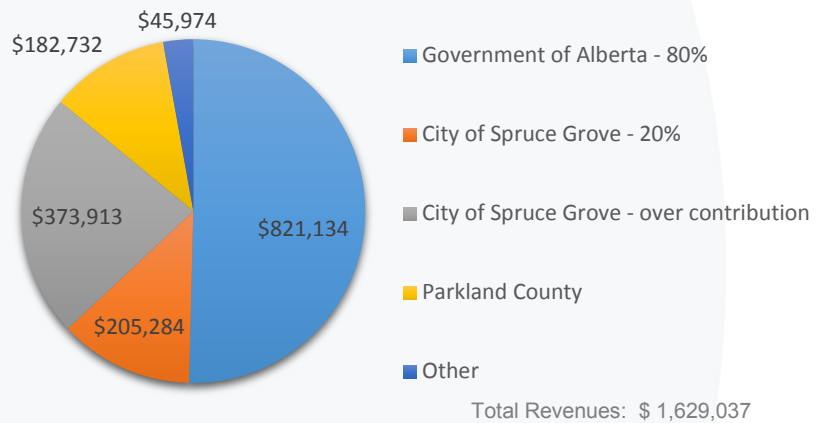
**Data are not audited*

Family and Community Support Services (FCSS) is a cost-sharing partnership between the City of Spruce Grove, Parkland County and the Government of Alberta. In accordance with the FCSS Act and Regulation, Alberta Community and Social Services provides 80 percent grant portion and the City of Spruce Grove provides a minimum of 20 percent grant portion. The City of Spruce Grove has increased its contribution over and above the 20 percent minimum in order to ensure FCSS programs are able to effectively meet the needs of residents. Parkland County provides funds in the manner of a general access agreement in addition to funding specifically allocated for the purpose of direct program delivery within Parkland Village. This successful partnership ensures quality programs and services are available to Parkland County and Spruce Grove residents alike.

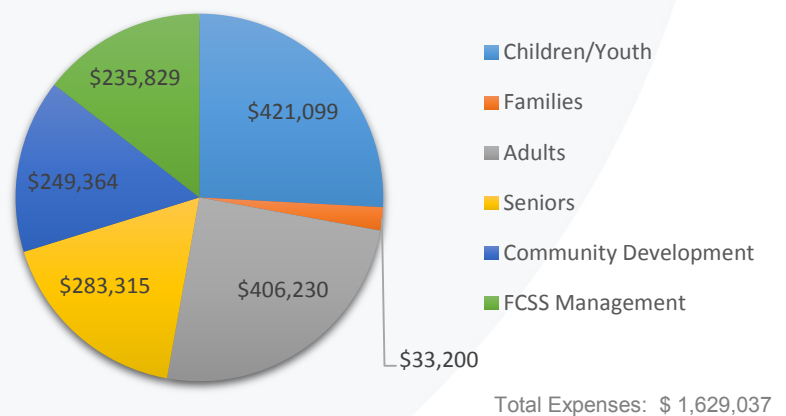
Funding for FCSS programs is set in accordance with the FCSS Act and Regulation and is separated into specific program categories which include: Children/Youth, Families, Adults, Seniors, Community Development and FCSS Management.



FCSS Revenue



FCSS Expenses





SOCIAL PLANNING

SOCIAL PLANNING

Community Social Development is an integral role in building a socially sustainable community. Building relationships and developing partnerships with select organizations that increase the City's capacity to serve residents through additional resources and funding continues to be a key focus.

SPRUCE GROVE – A SOCIALLY SUSTAINABLE CITY

In 2016 the community developed its first Social Sustainability Plan, which examines the connections between the economy, the environment, and society, and how they work together to ensure a continued quality of life for residents.

The plan was developed with significant public consultation and outlines eight key areas for action that will help the City and community proactively identify and address social issues as they arise, thereby preserving the health and resiliency of residents and the larger community. The key areas are:

- Homelessness
- Family and domestic violence
- Public transportation
- Housing continuum
- Access to programs, services and supports
- Community engagement
- Inclusivity
- Civic governance and administrative practices



8 Key Areas for Action

Desired social outcomes:

Safety: Residents feel physically, financially, emotionally, mentally, and spiritually safe and secure.

Inclusivity: Residents feel connected and engaged, diversity is celebrated, valued and respected as bringing strength and unique contributions to our community.

Accessibility: Residents are able to locate and access affordable and culturally appropriate programs and services that respond to unique and varying needs.

www.sprucegrove.org/socialsustainability



Homelessness is an emerging social issue in Spruce Grove as the number of individuals accessing local and regional services who are either homeless or at risk for homelessness continues to rise.

Issues surrounding poverty and homelessness are complex and deeply rooted. Addressing the current situation and preparing for the future requires exploration of social solutions taking a collective approach involving individuals, cross-sector groups, community service providers, City departments, and other levels of government.

The result is a strategy that has been created by members of the community and social serving sectors that supports collective action and collaboration to achieve sustainable solutions over the next five years.

Grounding concepts and themes include:

- Collaboration and partnerships
- Reconciliation
- Housing and Supports
- Community inclusion and capacity building
- Healthy living

www.sprucegrove.org/pathwayshome

SOCIAL PLANNING

NEW BEGINNINGS – AN INDIGENOUS ENGAGEMENT IMPROVEMENT STRATEGY

“New Beginnings” was initiated in the spring of 2016 to ensure a coordinated, culturally appropriate response to the increasing number of Indigenous families and individuals seeking social services in the region. The initiative addresses ways to remove barriers and strengthen relationships with urban Indigenous people in the area by enhancing regional cooperation with First Nation communities, individuals, cross sector groups, community service providers, City departments, and other levels of government.

The result is a community-owned strategic framework with the following identified priority initiatives:

- Continued Indigenous awareness training
- Cultural Gathering Place
- Food security mobile unit
- Holistic housing
- Indigenous voice in decision making
- Knowledge Keeper/Elder involvement
- Talking Circles
- Accessible transportation

www.sprucegrove.org/newbeginnings

SPECIAL PROJECTS

New Beginnings Listening Circle



In 2018, Spruce Grove FCSS partnered with the Spruce Grove Public Library to offer a new program called Listening Circles. The genesis for this program was brought up during the creation of the New Beginnings Indigenous Engagement Strategy. This community driven strategy identified priority initiatives to increase Indigenous Engagement in Spruce Grove – Listening Circles was one of those priorities.

A Listening Circle is a ceremony facilitated by a local Elder or Knowledge Keeper. The ceremony begins with a smudge, followed by storytelling and sharing. This program offers an opportunity to learn and establish a sense of community and gain mutual understanding for one another regardless of cultural group or background.

“I enjoyed the honesty and openness of the people.”

“This circle was a ‘gift’.”

“It was nice to sit in the circle as human beings on the same level.”

~Listening Circle participants~

ABORIGINAL DAY

National Aboriginal Day recognizes and celebrates the cultures and contributions of the First Nations, Metis and Inuit Peoples of Canada. This event creates an opportunity to participate in, and recognize the diverse cultures and outstanding achievements within our local First Nations, Metis and Inuit communities. The 19th Annual Aboriginal Day Celebration took place on June 22, 2018 at the Heritage Pavilion in Stony Plain. Activities included contemporary and traditional song, drumming, various pow-wows, cultural teachings, activities and a free BBQ with culturally made bannock. This event was supported by various government agencies, organizations and agencies in the social and private sectors.

TRI-REGION

Housing and Service Needs Estimate

TRI-REGION HOUSING AND SERVICE NEEDS ESTIMATE

In 2018, twenty communities across Alberta participated in the 2018 Homeless Estimation Project funded in part by the Government of Canada's Homelessness Partnering Strategy and administered by the Alberta Rural Development Network (ARDN) in partnership with the Family and Community Support Services Association of Alberta (FCSSAA).

Last fall, Spruce Grove and Stony Plain FCSS jointly let the Tri-Region Housing and Service Needs Estimate which included the involvement of 13 community partners. The project aimed to capture information on individuals at risk for or experiencing homelessness in the region by using survey data gathered by the partners over a month long period, providing a snapshot estimate of homelessness within the region.

A total of 260 individuals completed the survey with 219 identifying that they are at risk for or experiencing homelessness in our communities. The survey data supports existing statistics from service providers indicating that there are persons experiencing

homelessness. While data provides a "hard count" of individuals at risk for or experiencing homelessness, it offers a very limited view of homelessness and is assumed to be an underestimation of the demand.

The process of collecting the data is based on standard Provincial methodologies, and it is expected the survey will be re-administered at regular intervals in the future with this initial report forming a baseline.

Further information on the work being done to address homelessness is available online.

www.sprucegrove.org/pathwayshome

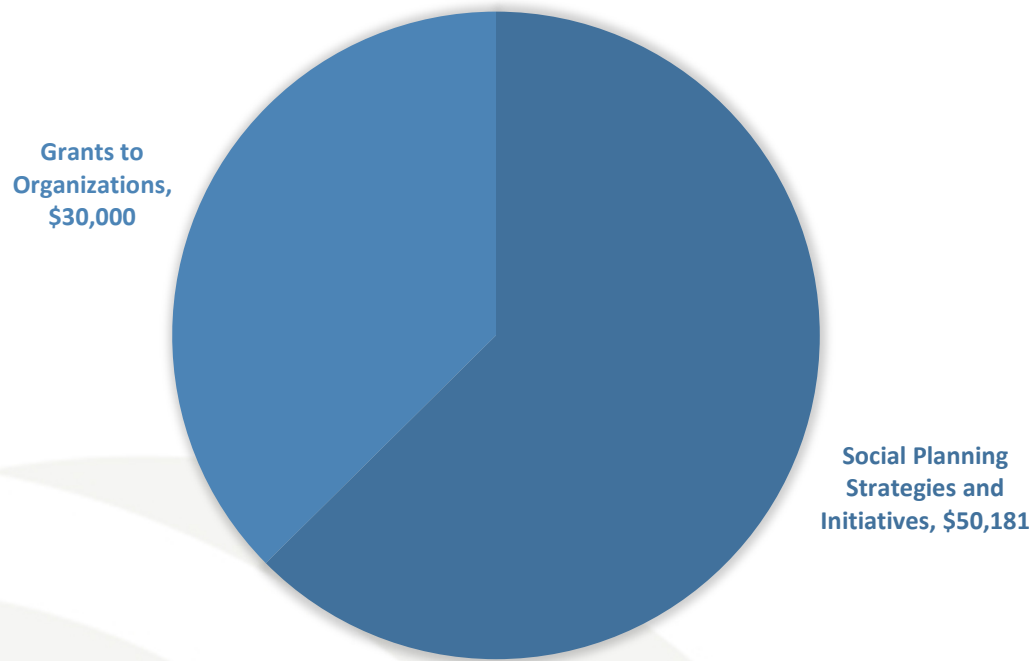


PARKLAND TURNING POINTS SOCIETY

Parkland Turning Points Society (PTPS) is a not-for-profit charitable organization serving Spruce Grove, Stony Plain and Parkland County since 1994. Parkland Turning Points mission is to stop family violence and abuse in order to create healthier communities by providing education and treatment for adult men and women experiencing abuse and/or violence in their intimate relationships. The City of Spruce Grove provides an annual grant in the amount of \$30,000 to support the delivery of:

- Individual and group offender treatment programs for court mandated offenders of domestic violence as referred by Community Corrections
- Individual and group victim support programs for victims of domestic violence as referred by Victim Services Society of Stony Plain, Spruce Grove and District, and other agencies within the community who support victims of domestic violence
- Programs for children exposed to domestic violence whose parent or guardian is also attending a treatment program through PTPS.

SOCIAL PLANNING FINANCIALS



FCSS AND SOCIAL PLANNING STAFF

Director	Janine Peter
Office Coordinator	Voirrey Manning
Senior Administrative Assistant	Brenda G. Smith
Manager – FCSS Adults & Families	Beverley Barker
Integrated Supports Coordinator – Seniors	Lynne Bossmann
Integrated Supports Coordinator – Complex Needs	Sabrina Morrison
Integrated Supports Coordinator – Social Supports	Shelley Tunney
Program Coordinator - Families	Suzanne Fenwick (P/T to September 2018)
Community Development Coordinator – Adults & Families	Karyn Hurlbut (P/T from November 2018)
Supervisor – FCSS Youth Services	Megan Levitt (to September 2018) Kathryn Wilson
Community Development Coordinator – Youth Services	Carly Stobbs
Youth Mentorship Program Coordinator – Youth Services	Brendan Kronewitt

www.sprucegrove.org/fcss



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