



# SUMMER IN THE CITY

The City of Spruce Grove | [www.sprucegrove.org/SITC](http://www.sprucegrove.org/SITC)



## WEEK LONG ADVENTURE CAMP GENERAL INFORMATION

**CAMP HOURS: 9:00AM-3:00PM**

**EARLY DROP OFF: 8AM-9AM**

**LATE PICK UP: 3PM-4PM**

**Participants must be signed-in & signed-out daily. Please ensure that the Informed Consent Agreement has been completed.**

**THREE CHANCE POLICY:** If a participant breaks one of the three camp rules, they will be given a "chance". If the camper receives three chances in one day, they will be sent home. It will be up to the parent to make the proper pick-up arrangements.

**\*\*Note that there is a ONE CHANCE policy on Gym & Swim days as well as Field Trip Fridays.**

### THREE CAMP RULES:

1. Respect Yourself
2. Respect Others
3. Respect the Environment

**SUMMER IN THE CITY COORDINATOR, TAYGAN LYSTANG**

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**(587) 334-7706**

## WHAT TO BRING?

**We recommend labeling your belongings!!**

**Biking & Hiking:** Helmet, Water Bottle, & Bike

**Gym & Swim:** Swimsuit, Towel, Gymnastic Appropriate Clothing, Aerials Waiver

**Everyday:**  
Camp/Weather Appropriate Clothing and Footwear (Hat, Extra Clothes, No Flip Flops, etc.)

Full Water Bottle  
Sunscreen  
Bug Spray  
Nut **FREE** Lunch  
Electronic Devices are **DISCOURAGED**

**\*\*You are welcome to keep your bike at SITC all week starting Monday. They will be stored in a secure area overnight.**